



# The UK Training Course

- \* **Experienced** consultants
- \* New consultants, **JPMBB users**

*32 hours over 4 days - £495*

## **Learn to teach the JPMBB wrap:**

- Knots and carries with specific adjustments
- Physiological positions
- Common mistakes
- Pedagogy, role and limits of the consultant
- "Dynamic Babywearing" : adapting to baby, its body, its age, its needs, adjustment to the wearer's morphology, adapting to the context,
- How to organise a workshop, deal with the group and adapt to individual needs.

[jeporlemonbebe.com](http://jeporlemonbebe.com)

## Why

We care about **passing on knowledge** through each wrap demo or sale. This is paramount for babywearing.

If babywearing becomes more popular without bringing more attention to babies or questioning about their needs, as well as a more responsive approach to parenting; if it is only to be more "trendy", pushing new products onto parents, then parents would end up as "pushchairs with straps!"

For all these reasons, we offer a support **network: workshops, online videos, forum and Facebook groups.**

This is also the reason behind offering training courses to those wanting to present and/or sell our wraps. The training courses use the uniqueness of the **Je Porte Mon Bébé** wrap.

As parents, we could not find a carrying tool that was offering us what we needed therefore, we became **developers, manufacturers, consultants and trainers.** This gives us a broad approach and a precise picture of those who use the JPMBB wrap (beginners as well as experienced parents, dads...), different public (parents, crèches, health professionals...), the different needs (breastfeeding, transport, mothering...).

Also, the JPMBB wrap is a unique tool and most babywearing courses tend not to show how to use one, which makes this course a perfect add-on to existing consultancy courses.



"Babywearing becoming more popular is pointless if it does not lead to more observation of babies needs"

**Infos & inscriptions : Lorette**  
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## IN THE UK

For Babywearing consultants  
and experienced JPMBB users

8,9,10,11 December 2016

9h00 - 17h30

£ 495 Meals included

ADDRESS :  
RUGBY UK

Infos & inscriptions : **Lorette**  
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## How

### Theory covered:

- \* What makes the JPMBB wrap unique
  - \* Basic textile knowledge
  - \* How to go from easy and accessible babywearing to precise and more tailored approach, Wrap around VS pre-tie and ready to wear
  - \* Physiology, safety rules, behaving guidelings for parents and consultant
  - \* Basic **textile knowledge**
  - \* How to go **from easy and accessible** babywearing to **presice** and more awer carry,
- tailored approach** VS pre-tie **ready to wear** carry.
- \* **Physiology, safety rules, behaving guidelings**
  - \* **Different ages** and different carries depending on developmental stages
  - \* **Different morphologies**
  - \* **Different situations** and circumstances: C-section, pregnancy, breastfeeding, prem babies, twins, reflux, hyper and hypotonicity
  - \* **Different environments** hospitals, crèches, family. Goals and realities.
  - \* **Different roles** for different wearers.
  - \* **Different carrying tools**

### Practical exercises :

- \* **In arms carrying**, containing babies
- \* **Basic Knot**
- \* **Front carry** : tummy to tummy, off-centered, seated on the side - on both shoulders, tummy to tummy double hammock style, double hammock, front wrap cross carry, buddha
- \* **Side carry** : Robin's, wrapped kangaroo, side carry from basic knot, slipknot, sliding ring
- \* **Back carry** : 4-handed back carry, easy back carry, double hammock, flipped double hammock, African
- \* **Carry in special circumstances**: supporting the pregnant belly, twins, prems
- \* **Advices** : Breastfeeding, bottlefeeding, safety, research and discussions.

### Planning a JPMBB workshop

- \* Holding a JPMBB workshop : aims and pedagogic choices
- \* **Consultant's role : active listening** to frequently asked questions
- \* **Experience a JPMBB workshop** : questions, reactions, difficulties and common mistakes, debrief and analysis
- \* **Meeting parents**, listening to their reasons for carrying, observing behaviours and reactions following learning. The pregnant mother during the workshop and the father.
- \* **Vocabulary**

### Practice and role play

- \* **Explain** knots step by step, adjusting mistakes, using appropriate wording, what to do / not to do...
- \* **Discussing** your personal experiences, recommendations, feelings
- \* **Organising** a workshop

### The fee includes:

- \* A demo wrap,
  - \* English Instruction manual,
  - \* Consultants' textbook
  - \* Leaflets & posters,
  - \* Access to the professional JPMBB Facebook group,
  - \* Referencing on the JPMBB website workshop map.  
(if you wish)
  - \* access to wraps at cost price for resale at retail price.
- SELLING IS NOT MANDATORY